



**The Team Parish of Christ the King
St Aidan's Church Brunton Park**

**Sunday 5th October 2025
Harvest Thanksgiving**

This week St Aidan's will celebrate it's Harvest Festival. Harvest is an opportunity to give thanks to God for all that we have, and particularly the bounty of God's creation. All too often, we see life through the lens of what we don't have rather than what we do. We notice the things that have gone wrong, rather than the things that have gone right. And yet, in Paul's letter to the Philippians he encourages the church to take exactly the opposite perspective: 'Rejoice in the Lord always'.

In the face of a culture that often sees only the negative, that tells only stories of disaster and division, and not of creation and compassion, real thanksgiving is a radical and powerful antidote. If all we have is a gift from God to give thanks for, then each of those gifts is to be treasured, valued, protected and celebrated. Gratitude has amazing power to change the way we see our lives and our world. So perhaps this Harvest we might see a world that is filled with the bounty and beauty of God, a world that is filled with things that, to quote Paul, are true, honourable, just, pure, pleasing, commendable. And perhaps as we 'think about these things' we too can rejoice in the Lord always for all that he has given us.

Phillipians 4. 4 - 9

Rejoice in the Lord always; again I will say, Rejoice Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

John 6. 32 – 35

Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

TODAY Harvest Thanksgiving Family Service Rev'd Gerard Rundell presides and preaches

THE WEEK AHEAD

Mon	7.30pm Bible Study on Zoom
Tues	3.30pm – 5.00pm; After School Drop-Off Club
Wed	10.00am Church: Morning Prayer
Thurs	2.00pm Community Room: Film Club' A Call to Spy' Churchill's secret army
Sat	10.00am Community Room Saturday Cafe
Sun	9.30am: Trinity 17 Rev'd Gerard Rundell presides and preaches

DATES FOR THE DIARY

Thurs	16 th Oct 2.00pm Friends having Fun
Sat	18 th Oct 10.00am Children's Society Coffee Morning and opening of the collection boxes
Fri	31 st Oct 3.30-5pm Halloween Family Event
Sun	2 nd Nov 5.30pm All Souls Service
Thurs	6 th Nov 7.30pm St Columba's, licensing of Rev'd Ruth Stradling

NOTICES

TODAY'S SERVICE LINK <https://bit.ly/StAidan2025Harvest>

BIBLE STUDY GROUP The Bible Study Group will meet again on Zoom at 7.30 pm on Monday 6th October continuing a study of Paul's letter to the Philippians. All are welcome to join us – contact Ken Newitt on 07770 480938 or kmnewitt@outlook.com for the Zoom link or for more details.

FIRST INTERNET MOTHERS UNION BRANCH are holding an Afternoon of music, with light refreshments, on Saturday 11th October at 2pm at St. Nicholas Church Hall, Gosforth, featuring 'After Evensong'. £8 pay on entry. To reserve a seat contact Sylvia Hickey on 01661 243380 or email billandsylviahickey@btinternet.com All proceeds will go to their work at Harbour Refuge.

DCC MEETING UPDATE – Many thanks to all who joined the open DCC meeting on Thursday. The decision was made to affirm our welcome of the LGBT+ community and to make that known to those who are outside the church. We will include a statement of welcome of all people on our website, making clear that we don't discriminate on any grounds (have a read, it's also quite funny!). We will also have a series of posters on our notice board in support of various groups to offer prayer, welcome and support at various times in the year (e.g. Men's Mental Health Awareness Week, Baby Loss Awareness Week, and others), and during Pride month we will include a tasteful poster showing support and welcome of the LGBT+ community, without aligning ourselves to any particular organisation. Thank you to everyone who came to a constructive meeting that found a consensus we could all agree on.

CHILDREN'S SOCIETY BOX OPENING – and coffee morning Saturday 18th October 10am, please bring your collection boxes to church before or on the day or contact Catherine on 07904757872.

Living on God's Good Earth: October

Use Your LOAF

When we go to the supermarket, it can feel like a minefield of choice. How do we know what counts as a 'good' or 'ethical' product when there are so many competing brands and issues to consider? If you're not sure where to begin, a helpful guide is the LOAF principle: wherever possible, look out for products which are Local, Organic, Animal friendly, or Fairtrade. Start with one or two LOAF swaps and see where it takes you!

SUNDAY SERMON'S

For anyone who would like one, written copies of the Sunday sermon are available from the preacher on request. Please contact either Gerard, or the preacher of the day, to be sent a copy

For the church Janice, all involved in family outreach events and work with children and young people.

For the community Bible Study, prayer groups, Eco church group. Our sponsored child Ivonia, and for her country Mozambique facing serious threat from climate change. For the work of World Vision and the conservation of and education work of Wild Impact Mozambique

For the world – For refugees and recent arrivals in our community who are looking for safety and peace.

For those in need – Esther Wooler, Martin Seaton, Sue Bates, Sheila Lonie, Christine Crompton, Charlie Bennett, Pat Lawson, Lindsay Miller, Marion Newitt

For those who have died –and on their anniversaries Phyllis Rockcliffe, Thelma Ashby, Dinah Purvis, Jean Muse, Sheila Jones, Ann Craig, Alan Dey, Diane Beavers, Amy Cook, Mollie Rickaby, Sheila Fawcett. Pat McIntyre.



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