



Team Parish of Christ the King St Aidan's, Brunton Park

Sunday 21st July 2024
Trinity 8

Our Gospel reading offers a moment when Jesus and his disciples try to get away from it all! As the summer holidays are upon us, perhaps it's a reminder of the importance of rest. In the midst of all the business of life, we need space to rest, retreat, re-centre ourselves on Christ, and gain the resources we need to head back into the fray. Of course Jesus and the disciples didn't get as much rest as they might have hoped. Their retreat, away from it all, was interrupted by the crowds, and there was still work to do and compassion to offer. Still though, we see Jesus make space for retreat and rest.

As we hear this passage, particularly if you're feeling like 'many were coming and going and [you have] no leisure even to eat', perhaps this is a reminder of the value of rest. We cannot offer the compassion Jesus showed the crowds from an empty tank. How will you make space this summer to rest, retreat, re-centre on Christ, and find resources for the work ahead?

Ephesians 2.11-22

Remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision' – a physical circumcision made in the flesh by human hands – remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father.

So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

Mark 6.30-34,53-56

The apostles returned from their mission. They gathered around Jesus, and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

TODAY

9.30am: **Trinity 8** Rev'd Gerard Rundell presides and preaches

THE WEEK AHEAD

Mon-Fri 8.50am, Church: **Morning Prayer**

Wed 10.00am, Church: **BCP Midweek Eucharist**

Thurs 2.00pm, Community Room: **Chat and Craft**

Sat 10.00am, Community Room: **Saturday Café**

Sun 9.30am: **Trinity 9** Rev'd Canon Jean Skinner presides and preaches from 2 Samuel 11.1-15, Ephesians 3.14-21 and John 6.1-21

DATES FOR THE DIARY

Wed 31st 12pm: **Reception Year Teddy Bear's Picnic**, St Aidan's Green (in church depending upon weather)

Thurs 1st Aug 11am: **Men's Group Summer Outing**
2.00pm: **Prayer and Praise**, Community Room

Wed 14th Aug 12.00pm: **Lunch Group**, Northern Rugby Club

NOTICES

SUNDAY SERVICE – today's service link is <https://bit.ly/StAidan2024Trinity8>

MEN'S GROUP SUMMER OUTING – will take place on Thursday 1st August starting at 11am where they will visit the Tynemouth Volunteer Life Brigade. There is a requested donation of £5. Lunch will be a finger buffet and transport to and from Tynemouth will be car share. Please contact Vic or Chris for more information.

REV'D GERARD ANNUAL LEAVE – please note that Gerard will begin his annual leave on Monday 5th August, and will return to work on Tuesday 27th August

LUNCH GROUP - will meet on Wednesday 14th August at 12.00pm for a 12.30pm meal at the Rugby Club. Please see Pat or Pauline if you would like to join us.

WORLD VISION COFFEE MORNING – thank you to everyone who supported the coffee morning, we raised £179 to be sent to Ivonia and her community.

NEW ROTA'S – the new rotas for Saturday café and Sunday morning refreshments are now ready to be completed. If you can help, please enter your details for the dates you are available.

RECEPTION YEAR TEDDY BEAR'S PICNIC – if you know any families who have a child starting reception in September, please tell them about our event on Wednesday 31st July between 12pm and 1.30pm. They'll need to bring a teddy and packed lunch. It's a great opportunity to spend some time with their new school friends while enjoying a few easy games and songs.

ZOOM CODES – all our Zoom sessions will use only the following details:

<https://us02web.zoom.us/j/7573778713?pwd=NGVjcTRLQjBEaStqYjFDsm1KOURtQT09>

Meeting ID: 757 377 8713 Passcode: StAidan

BOOKING ZOOM MEETINGS: if you would like to use the St Aidan's Zoom account for a church meeting, please contact Janice

FOOD BANK – items placed in the food box will be donated to Kenton Foodbank.

PLANNED GIVING - If you would like to set up a regular financial gift to support St Aidan's please click on the following link <https://www.parishgiving.org.uk/donors/find-your-parish/brunton-park-st-aidan-newcastle-upon-tyne>

For Our Prayers: St Aidan's Cycle of Prayer

For the church - Churches in our Deanery: Fawdon, Kenton and Kingston Park Parishes. For all our groups and those leading them.

For the community – Great Park Consortium and ongoing development of the Great Park Town Centre

For the world – all countries facing hardship and conflict. For our own national and political life

For those in need - Esther Wooler, Martin Seaton, Bill Yeaman, Sue Bates

For those who have died – Mavis Clarehuge and on their anniversaries: Kenneth Forrester, Margaret Purcell, David Henderson, Ethel Todd, Dorothy Prest, John Hewett, Helen Brierley, Norma Forster, Bob Hay, John Cass, Kitt Hewitt



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 [St Aidan's Church Brunton Park Newcastle www.staidanschurchbruntonpark.co.uk](http://www.staidanschurchbruntonpark.co.uk)